

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Fish Fingers (MSC)</p> <p>Marvellous Macaroni Cheese</p> <p>Filled Jacket Potatoes</p>	<p>Cajun Spiced Chicken Fajitas (Halal)</p> <p>Roasted Vegetable Flan</p> <p>Fish Fiesta (MSC)</p>	<p>Roast Gammon &amp; Gravy</p> <p>Roast Lamb &amp; Gravy (Halal)</p> <p>Quorn Italian Pasta Bake</p> <p>Fish Krunchie (MSC)</p>	<p>Pork Sausage</p> <p>Quorn Sausage</p> <p>Tempura Fish (MSC)</p> <p>Chickpea &amp; Sweet Potato Curry</p>	<p>Cheese &amp; Tomato Pizza</p> <p>Crunchy Fish Mornay (MSC)</p>
<p>Savoury Wholegrain Rice</p> <p>Parsley Potatoes</p> <p>Garden Peas &amp; Sweetcorn</p> <p>Sliced Carrots</p>	<p>Tri Colour Pasta</p> <p>Dry Baked Spiced Jacket Wedges</p> <p>Sweetcorn</p> <p>Ratatouille</p>	<p>Roasted Potatoes</p> <p>Baby New Potatoes</p> <p>Broccoli &amp; Cauliflower Florets</p> <p>Sliced Carrots</p>	<p>Creamed Potatoes</p> <p>Tri Colour Rice</p> <p>Green Beans</p> <p>Sweetcorn</p>	<p>Chipped Potatoes</p> <p>Creamed Potatoes</p> <p>Broccoli Florets</p> <p>Seasonal Mixed Vegetables</p>
<p>Cocoa Cracknell &amp; Custard</p> <p>Muller Fresh &amp; Creamy Yoghurt</p> <p>Fresh Fruit Platter</p>	<p>Bananas &amp; Custard – 50% Fruit</p> <p>Fruit Shortbread</p> <p>Muller Fresh &amp; Creamy Yoghurt</p> <p>Fruit Salad</p>	<p>Apple Crumble &amp; Custard – 50%</p> <p>Cocoa Beetroot Cake</p> <p>Muller Fresh &amp; Creamy Yoghurt</p> <p>Fresh Fruit Basket</p>	<p>Ginger Cookies</p> <p>Muller Fresh &amp; Creamy Yoghurt</p> <p>Fresh Fruit Platter</p> <p>Fresh Milk</p>	<p>Lemon Drizzle Sponge &amp; Custard</p> <p>Muller Fresh &amp; Creamy Yoghurt</p> <p>Fresh Fruit Basket</p>

Fresh Seasonal Salad Bar, Wholemeal Bread & Drinking Water available daily.

**Food Provenance & Quality**

No Fish is served from the Marine Stewardship Council 'Fish To Avoid' List, Fairtrade Products – We Use Fairtrade Bananas & Fruit Juice  
 Free Range Eggs Are Used In Our Recipes – We Have The 'Good Egg' Award, Where Possible Our Meat, Fruit & Vegetables Are Locally Sourced (Subject To Availability),  
 Organic – We Use Some Organic Yoghurt, Meat & Milk (Subject To Availability), Most Of Our Fish Is From Sustainable Sources

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Fish Fingers (MSC)</p> <p>Spinach &amp; Vegetable Lasagne</p> <p>Filled Jacket Potatoes</p>	<p>Lamb Bolognese (Halal)</p> <p>Bean &amp; Pepper Fajitas</p> <p>Tempura Fish Goujons (MSC)</p>	<p>Roast Chicken &amp; Gravy (Halal)</p> <p>Sweet Chilli Pasta Bake</p> <p>Fish Krunchie (MSC)</p>	<p>Chicken &amp; Lentil Curry</p> <p>Red Onion &amp; Broccoli Flan</p> <p>Fish Fiesta (MSC)</p>	<p>Cheese &amp; Tomato Pizza</p> <p>Tuna &amp; Tomato Pasta Bake (MSC)</p>
<p>Pilau Rice</p> <p>Creamed Potatoes</p> <p>Cauliflower &amp; Broccoli Florets</p> <p>Garden Peas</p>	<p>Dry Baked Spiced Jacket Wedges</p> <p>Garlic Bread</p> <p>Green Beans</p> <p>Sweetcorn</p>	<p>Dry Roasted Potatoes</p> <p>New Potatoes</p> <p>Carrot &amp; Swede Batons</p> <p>Broccoli Florets</p>	<p>Naan Bread</p> <p>Tomato &amp; Pepper Wholegrain Rice</p> <p>Sweetcorn</p> <p>Garden Peas &amp; Carrots</p>	<p>Chipped Potatoes</p> <p>Spiced Potatoes</p> <p>Seasonal Mixed Vegetables</p> <p>Broccoli Florets</p>
<p>Cocoa Crunch &amp; Custard</p> <p>Muller Fresh &amp; Creamy Yoghurt</p> <p>Fresh Fruit Salad</p>	<p>Fruit Flapjack &amp; Custard – 50% Fruit</p> <p>Muller Fresh &amp; Creamy Yoghurt</p> <p>Fresh Fruit Platter</p>	<p>Banana Muffins</p> <p>Muller Fresh &amp; Creamy Yoghurt</p> <p>Fresh Fruit Basket</p> <p>Fruit Juice</p>	<p>Strawberries &amp; Cream– 50% Fruit</p> <p>Cocoa Shortbread Biscuits</p> <p>Muller Fresh &amp; Creamy Yoghurt</p> <p>Fresh Milk</p>	<p>Cocoa Cracknells &amp; Custard</p> <p>Muller Fresh &amp; Creamy Yoghurt</p> <p>Fresh Fruit Basket</p>

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WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
Fish Fingers (MSC) Quorn & Vegetable Bolognese Filled Jacket Potatoes	Chicken Chow Mein (Halal) Cheese & Pepper Frittata Tempura Fish Goujons (MSC)	Roast Pork & Gravy Roast Chicken & Gravy (Halal) Bean & Pepper Pasta Bake Salmon Bake	Chicken Korma (Halal) Vegetable Samosa Fish Krunchie (MSC)	Cheese & Tomato Pizza Fish Pie (MSC)
Parsley Potatoes Garlic Bread Green Beans Sweetcorn	Tri Colour Pasta with Wholegrain Creamed Potato Sliced Carrots Garden Peas	Dry Roasted Potatoes Baby New Potatoes Broccoli & Cauliflower Florets Green Cabbage	Garlic Naan Pilau Rice Sliced Carrots Garden Peas	Chipped Potatoes ½ Jacket Potato Green Beans Sweetcorn
Fruit Sponge & Custard – 50% Fruit Muller Fresh & Creamy Yoghurt Fresh Fruit Platter	Bananas & Creamy Custard – 50% Fruit Cheesecake Muller Fresh & Creamy Yoghurt Fresh Fruit Salad	Cocoa, Pear & Treacle Sponge with Custard Muller Fresh & Creamy Yoghurt Fresh Fruit Basket	Oatmeal & Yoghurt Muffin Muller Fresh & Creamy Yoghurt Fresh Grapes	Cocoa & Banana Brownie Muller Fresh & Creamy Yoghurt Fresh Fruit Platter

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WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
Fish In Parsley Sauce Vegetable Samosa Filled Jacket Potatoes	Southern Baked Chicken Goujon Bean, Courgette & Tomato Pasta Bake Fish Krunchie (MSC)	Roast Chicken & Gravy (Halal) Vegetable Hotpot Fish Fiesta (MSC)	Chicken & Bean Burrito Cheese & Pepper Flan Tempura Fish Goujons	Cheese & Tomato Pizza Salmon & Broccoli Bake (MSC)
Spiced Wholegrain Rice Parsley New Potatoes Garden Peas & Sweetcorn Cauliflower Florets	Tri Colour Pasta with Wholegrain Creamed Potato Sliced Carrots Garden Peas	Roast Potatoes Creamed Potatoes Broccoli Florets Sweetcorn	Herby Diced Potatoes Rice Garden Peas Slice Carrots	Chipped Potatoes Cajun New Potatoes Green Beans Seasonal Mixed Vegetables
Cocoa Cracknells & Custard Muller Fresh & Creamy Yoghurt Fresh Fruit Salad	Cheesecake Muller Fresh & Creamy Yoghurt Fresh Fruit Platter	Fruit Shortbread & Custard – 50% Fruit Muller Fresh & Creamy Yoghurt Fresh Fruit Basket	Strawberries & Cream – 50% Fruit Oatmeal & Yoghurt Muffin Muller Fresh & Creamy Yoghurt	Cocoa Crunch & Custard Muller Fresh & Creamy Yoghurt Fresh Fruit Platter

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WEEK 4